

# Go Wild this Autumn!

Here at the Woodland Play Centre we love to share the fun we have outdoors and as the weather is beginning to turn we thought we'd put together some of our favourite things to do in the Autumn to inspire you to get outside... whatever the weather!

1

## Create leaf crowns

Take a strip of card long enough to go round your head, cut it to size and staple the ends together to form the base of your crown. Put some double sided sticky tape all around the outside of the card. Go for a walk and collect and stick as many leaves to your crown as you like, peeling the sticky tape back as you need it and overlapping the leaves slightly to cover the card. Keep going until you think your crown looks fit for Woodland Royalty!

2

## Play conkers

Get a conker and make a hole through the middle and thread a piece of string or shoelace through the hole tying it off at one end. Each player takes it in turn to hold out their conker whilst their opponent takes aim and tries to hit it. Keep taking it in turn until one of the conkers is completely destroyed!

Watch out for bruised knuckles!

3

## Listen out

The next time you're out for a walk, just stop and listen for a minute or two, what can you hear? A screeching bat, some snapping twigs, a hooting owl or maybe the howling wind? What is the spookiest thing you can hear?

4

## Make blackberry roll-ups

Get amongst the hedgerows and collect the last of this season's blackberries. Then blitz approximately 500g blackberries, 500g apples, 150g honey and the juice of a lemon in a blender. Poor the mixture equally between two baking trays lined with greaseproof paper, spreading thinly and evenly. Cook in the oven at the lowest setting (approx. 60oc) until the fruit mixture has completely dried out and it can be peeled from the greaseproof paper. This can take a loooooong time, between 6-8 hours or longer but it's worth the wait! When ready, cut into strips and roll up with strips of greaseproof paper so it doesn't stick together and store in an airtight container for several weeks, or eat straight away!

5

## Spot moths

This autumn try and spot some moths in the dark! Hang a white sheet on the washing line or over a branch. Wait until dark. Then shine a large powerful torch at the sheet. Wait a while then start spotting moths and other creatures as they fly and land on the sheet attracted by the light.

play in the leaves



toast marshmallows



take those wellies off!

